

CERTIFICATE OF PARTICIPATION

This is to certify that

**Matthew Plaxton-
Harrison Plaxton-
Harrison**

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:10:54

PACE 08:51/km

GENDER 21 of 78

OVERALL 26 of 166

OPEN 15 of 40

23 June 2019, Sun

Date



BoutTime

Signature

